

# First United Methodist Church

Searching for dignity, honor and happiness thru Jesus Christ  
Buscar para la dignidad, el honor y la felicidad por Jesucristo

February 5, 2012 – Epiphany 5B

**ANNOUNCEMENTS** (Please fill out & pass REGISTRATION PADS in each row.)

**GREETING (Repeat)** I am God's beloved Child! I bring God great joy. I am loved! I am forgiven! I am accepted! Thanks be to God. Amen

**OPENING SONG** Lord I lift Your Name on High TFWS 2088

**RESPONSIVE READING** Psalm 147: 1-11, 20c (NLT)

**SONG OF PREPARATION** What A Friend We Have in Jesus UMH 526

**PRAYER FOR UNDERSTANDING** Open the Eyes of My Heart

**SCRIPTURE & MESSAGE** Mark 1:21-28 (NLT)

**MESSAGE** Rev. Melanie Monroe

**MEDITATION**

**SHARING THE PEACE OF CHRIST**

**PRAYER OF CONFESSION**

**Merciful God, we confess to you now that we have sinned. We confess the sins that no one knows and the sins that everyone knows. We confess the sins that are a burden to us and the sins that do not bother us because we have grown used to them.**

**We confess our sins as a church.**

**We have not loved one another as Christ loved us. We have not forgiven one another as we have been forgiven. We have not given ourselves in love and service for the world as Christ gave himself for us.**

**Father, forgive us. Send the Holy Spirit to us, That He may give us power to live as by your mercy, you have called us to live.**

**Through Jesus Christ our Lord. Amen.**

**OFFERTORY** Isaac Cabrera and Alejandro\_\_\_\_\_

**OFFERING** Give Thanks TFWS 2036

**INVITATION TO RECEIVE CHRIST/INVITACION PARA RECIBIR A CRISTO**  
**Lord God, I know that your Son died and rose again because you want to be in a relationship of love with me forever. Come into my heart. I give my love and my life to you. Amen.**

Dios, yo se que tu hijo murió y resucito para que tu y yo tengamos una relación de amor por siempre. Ven a mi corazón. Te doy mi amor y mi vida. Amén.

**THE PRAYERS OF GOD'S PEOPLE**

**THE LORD'S PRAYER**

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us today our daily bread and forgive us our trespasses as we forgive those who trespass against us And lead us not into temptation, but deliver us from evil; for thine is the kingdom & the power & the glory forever. AMEN**

**EL PADRE NUESTRO**

Padre nuestro que estás en los cielos  santificado tu nombre.  Venga tu reino Hágase tu voluntad, en el cielo, así también en la tierra. El pan nuestro de cada día, dánoslo hoy. Y perdónanos nuestras deudas, como también nosotros perdonamos a nuestros deudores.  Y no nos dejes caer en tentación, mas líbranos del mal; porque tuyo es el reino, el poder y la gloria, por todos los siglos. AMEN

**CLOSING SONG** Here I Am Lord UMH 593

**Closing Scripture: Jeremiah 29: 7**

**BENEDICTION**

**Financial Report**

Needed each week:

Received last week:

**Worship is over, let the service begin.**

## John Wesley's 22 Questions

22 questions early Methodists asked themselves everyday more than 200 years ago:

1. Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?
2. Am I honest in all my acts and words, or do I exaggerate?
3. Do I confidentially pass on to another what was told to me in confidence?
4. Can I be trusted?
5. Am I a slave to dress, friends, work, or habits?
6. Am I self-conscious, self-pitying, or self-justifying?
7. Did the Bible live in me today?
8. Do I give it time to speak to me everyday?
9. Am I enjoying prayer?
10. When did I last speak to someone else about my faith?
11. Do I pray about the money I spend?
12. Do I get to bed on time and get up on time?
13. Do I disobey God in anything?
14. Do I insist upon doing something about which my conscience is uneasy?
15. Am I defeated in any part of my life?
16. Am I jealous, immoral, critical, irritable, touchy, or distrustful?
17. How do I spend my spare time?
18. Am I prideful?
19. Do I thank God that I am not as bad as certain people?
20. Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what am I doing about it?
21. Do I grumble or complain constantly?
22. Is Christ real to me?

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*Open Hearts. Open Minds. Open Doors.*

## THE LORD'S SUPPER UMH p. 9

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth,

You formed us in your image and breathed into us the breath of life. When we turned away, and our love failed, your love remained steadfast. You delivered us from captivity, made covenant to be our sovereign god, and spoke to us through your prophets.

And so, with your people on earth and all the company of heaven, we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Holy are you, and blessed is your Son Jesus the Christ. Your Spirit anointed him to preach good news to the poor, to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, and to announce that the time had come when you would save your people.

He healed the sick, fed the hungry, and ate with sinners. By the baptism of his suffering, death, and resurrection you gave birth to your church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit.

When the Lord Jesus ascended he promised to be with us always in the power of your Word and Holy Spirit.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. When you drink this, remember me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

**Christ has died; Christ is risen; Christ will come again.**

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood.

By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes and we feast at his heavenly banquet.

Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, almighty God, now and forever. **Amen.**

#### **Acción de gracias y la santa comunión\_ MV p 11**

El Señor sea con ustedes.

**Y también contigo.**

Eleven sus corazones.

**Los elevamos al Señor.**

Demos gracias al Señor nuestro Dios.

**Es digno y justo darle gracias y alabarle.**

Oremos:

Es verdaderamente digno y justo darte gracias

En todo tiempo y en todo lugar,

Dios todopoderoso, creador del cielo y de la tierra.

Tú nos libraste a tu imagen y semejana

Y nos diste vida con tu aliento.

Cuando nos apartamos de ti y te olvidamos,

Tu amor permanece inmutable.

Tú nos libraste del cautiverio,

Hiciste un pacto para ser nuestro Dios soberano

Y nos hablaste por medio de tus profetas.

Y así, con todo tu pueblo

Y con todo la compañía del cielo

Alabamos tu nombre y nos unimos en el himno eterno

**Santo, santo, santo es el Señor, Dios todopoderoso.**

**Llenos están los cielos y la tierra de tu Gloria.**

**¡Hosanna en las Alturas!**

**Bendito sea el que viene en el nombre del Señor**

**¡Hosanna en las Alturas!**

Santo eres tú y bendito es tu Hijo Jesucristo,

Al que ungió con tu Espíritu para predicar

Buenas nuevas a los pobres,

Sanar a los quebrantados de corazón,

Proclamar libertad a los cautivos,

Dar vista a los ciegos

Y poner en libertad a los oprimidos;

Para proclamar el año agradable del Señor.

Sanó a los enfermos, dio de comer a los hambrientos

Y comió con los pecadores.

Mediante el bautismo de su sufrimiento, muerte y resurrección,

Diste nacimiento a tu Iglesia,

Nos libraste de la esclavitud del pecado y de la muerte,

E hiciste con nosotros un Nuevo pacto

Mediante el agua y el Espíritu.

Cundo el Señor Jesús ascendió a los cielos,

Prometió estar siempre con nosotros,

En el poder de tu Palabra y del Espíritu Santo.

“El Señor Jesús, la noche que fue entregado, tomó pan;

Y habiendo dado gracias, lo partió y dijo:

Tomad, comed, esto es mi cuerpo que por vosotros es partido:

Haced esto en memoria de mí.”

“Asimismo tomó la copa, después de haber cenado y dijo:

Esta copa es el nuevo pacto en mi sangre;

Haced esto todas las veces que la bebiereis, en memoria de mí.

Por eso,

Recordando la gran misericordia que has mostrado en Jesucristo,

Te rogamos aceptes este nuestro sacrificio de alabanza y acción de gracias como un sacrificio vivo y santo,

En unión al sacrificio de Cristo por nosotros,

Para que nuestras vidas proclamen el misterio de fe.

**Cristo ha muerto; Cristo ha resucitado; Cristo vendrá otra vez.**

Derrema tu Santo Espíritu sobre los que estamos aquí reunidos y sobre estos dones de pan y vino;  
Has que sean para nosotros el cuerpo y la sangre de Cristo,  
Para que seamos el cuerpo de Cristo para el mundo,  
Redimos por su sangre.

Mediante el poder de tu Espíritu, haznos uno con Cristo,  
Uno con los demás  
Y uno en la obra del ministerio a todo el mundo,  
Hasta que Cristo venga en la Victoria final  
Y podamos todos participar en el banquete celestial

Mediante tu Hijo Jesucristo,  
Con el Espíritu Santo en tu santa Iglesia,  
A ti sean todo honor y Gloria,  
Dios omnipotente, ahora y siempre. **Amén.**

Michelle - please add Alejandro's last name on the OFFERTORY on the bulletin - thanks!

Lord I lift Your Name on High

TFWS 2088

Lord, I lift Your name on high;  
Lord, I love to sing Your praises;  
I'm so glad You're in my life;  
I'm so glad You came to save us.

You came from Heaven to earth;  
To show the way,  
From the earth to the cross,  
My debt to pay,  
From the cross to the grave,  
From the grave to the sky;  
Lord, I lift Your name on high!

What A Friend We Have in Jesus

UMH 526

What a friend we have in Jesus,  
all our sins and griefs to bear!  
What a privilege to carry  
everything to God in prayer!  
O what peace we often forfeit,  
O what needless pain we bear,  
all because we do not carry  
everything to God in prayer.

Have we trials and temptations?  
Is there trouble anywhere?  
We should never be discouraged;  
take it to the Lord in prayer.  
Can we find a friend so faithful  
who will all our sorrows share?  
Jesus knows our every weakness;  
take it to the Lord in prayer.

Are we weak and heavy laden,  
cumbered with a load of care?  
Precious Savior, still our refuge;  
take it to the Lord in prayer.  
Do thy friends despise, forsake thee?  
Take it to the Lord in prayer!

In his arms he'll take and shield thee;  
thou wilt find a solace there.

Open the Eyes of My Heart

Open the eyes of my heart, Lord Open the eyes of my heart;  
I want to see You I want to see You  
Open the eyes of my heart, Lord Open the eyes of my heart;  
I want to see You I want to see You  
To see You high and lifted up, Shining in the light of Your glory.  
Pour out Your pow'r and love; As we sing holy, holy, holy

Holy, holy, holy Holy, holy, holy  
Holy, holy, holy I want to see You

Give Thanks

TFWS 2036

Give thanks with a grateful heart, give thanks to the Holy One, give thanks because  
he's given Jesus Christ his Son.  
And now let the weak say "I am strong";  
Let the poor say "I am rich"  
because of what the Lord has done for us."  
Give Thanks.

Here I Am Lord

UMH 593

I the Lord of Sea and Sky I have heard my people cry  
All who dwell in dark and sin, my hands will save  
I who made the stars of night I will make their darkness bright  
Who will bear my light to them? Whom shall I send?  
Here I am Lord. Is it I Lord?  
I have heard you calling in the night  
I will go Lord if you lead me  
I will hold your people in my heart

I the Lord of snow and rain I have borne my people's pain  
I have wept for love of them, They turn away  
I will break their hearts of stone, give them hearts for love alone  
I will speak my word for them, whom shall I send?  
Here I am Lord. Is it I Lord?  
I have heard you calling in the night  
I will go Lord if you lead me  
I will hold your people in my heart

I the Lord of wind and flame I will tend the poor and lame  
I will set a feast for them, my hand will save.  
Finest bread I will provide, Till their hearts be satisfied  
I will give my life to them , whom shall I send?  
Here I am Lord. Is it I Lord?  
I have heard you calling in the night  
I will go Lord if you lead me  
I will hold your people in my heart

### Psalm 147: 1-11, 20c (NLT)

1 Praise the LORD! How good to sing praises to our God! How delightful and how fitting!

**2 The LORD is rebuilding Jerusalem and bringing the exiles back to Israel.**

<sup>3</sup> He heals the brokenhearted and bandages their wounds.

**4 He counts the stars and calls them all by name.**

<sup>5</sup> How great is our Lord! His power is absolute! His understanding is beyond comprehension!

**6 The LORD supports the humble, but he brings the wicked down into the dust.**

<sup>7</sup> Sing out your thanks to the LORD; sing praises to our God with a harp.

**8 He covers the heavens with clouds, provides rain for the earth, and makes the grass grow in mountain pastures.**

<sup>9</sup> He gives food to the wild animals and feeds the young ravens when they cry.

**10 He takes no pleasure in the strength of a horse or in human might.**

<sup>11</sup> No, the LORD's delight is in those who fear him, those who put their hope in his unfailing love.

**20 Praise the LORD!**

**Mark 1:29-39 (NLT)** <sup>29</sup> After Jesus left the synagogue with James and John, they went to Simon and Andrew's home. <sup>30</sup> Now Simon's mother-in-law was sick in bed with a high fever. They told Jesus about her right away. <sup>31</sup> So he went to her bedside, took her by the hand, and helped her sit up. Then the fever left her, and she prepared a meal for them. <sup>32</sup> That evening after sunset, many sick and demon-possessed people were brought to Jesus. <sup>33</sup> The whole town gathered at the door to watch. <sup>34</sup> So Jesus healed many people who were sick with various diseases, and he cast out many

demons. But because the demons knew who he was, he did not allow them to speak. <sup>35</sup> Before daybreak the next morning, Jesus got up and went out to an isolated place to pray. <sup>36</sup> Later Simon and the others went out to find him. <sup>37</sup> When they found him, they said, "Everyone is looking for you." <sup>38</sup> But Jesus replied, "We must go on to other towns as well, and I will preach to them, too. That is why I came." <sup>39</sup> So he traveled throughout the region of Galilee, preaching in the synagogues and casting out demons.

### Salmo 147: 1-11, 20c (NVI)

<sup>1</sup> \*¡Aleluya! ¡Alabado sea el SEÑOR! ¡Cuán bueno es cantar salmos a nuestro Dios, cuán agradable y justo es alabarlo!

**2 El SEÑOR reconstruye a Jerusalén y reúne a los exiliados de Israel;**

<sup>3</sup> restaura a los abatidos y cubre con vendas sus heridas.

**4 Él determina el número de las estrellas y a todas ellas les pone \*nombre.**

<sup>5</sup> Excelso es nuestro Señor, y grande su poder; su entendimiento es infinito;

**6 El SEÑOR sostiene a los pobres, pero hace morder el polvo a los impíos.**

<sup>7</sup> Canten al SEÑOR con gratitud; canten salmos a nuestro Dios al son del arpa.

**8 Él cubre de nubes el cielo, envía la lluvia sobre la tierra y hace crecer la hierba en los montes.**

<sup>9</sup> Él alimenta a los ganados y a las crías de los cuervos cuando graznan.

**10 El SEÑOR no se deleita en los bríos del caballo, ni se complace en la agilidad del \*hombre,**

<sup>11</sup> sino que se complace en los que le temen, en los que confían en su gran amor.

**20 \*¡Aleluya! ¡Alabado sea el SEÑOR!**

**Marcos 1:29-39 (NVI)** <sup>29</sup> Tan pronto como salieron de la sinagoga, Jesús fue con \*Jacobo y Juan a casa de Simón y Andrés. <sup>30</sup> La suegra de Simón estaba en cama con fiebre, y en seguida se lo dijeron a Jesús. <sup>31</sup> Él se le acercó, la tomó de la mano y la ayudó a levantarse. Entonces se le quitó la fiebre y se puso a servirles. <sup>32</sup> Al atardecer, cuando ya se ponía el sol, la gente le llevó a Jesús todos los enfermos y endemoniados, <sup>33</sup> de manera que la población entera se estaba congregando a la puerta. <sup>34</sup> Jesús sanó a muchos que padecían de diversas enfermedades. También

expulsó a muchos demonios, pero no los dejaba hablar porque sabían quién era él. <sup>35</sup> Muy de madrugada, cuando todavía estaba oscuro, Jesús se levantó, salió de la casa y se fue a un lugar solitario, donde se puso a orar. <sup>36</sup> Simón y sus compañeros salieron a buscarlo. <sup>37</sup> Por fin lo encontraron y le dijeron: —Todo el mundo te busca. <sup>38</sup> Jesús respondió: —Vámonos de aquí a otras aldeas cercanas donde también pueda predicar; para esto he venido. <sup>39</sup> Así que recorrió toda Galilea, predicando en las sinagogas y expulsando demonios.